

## You've Come to the Right Place

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Looking for recipes in order to make your own fermented foods and beverages at home? Need a kombucha mother or ideas about how to save a fermentation flop?

I hope you'll find the content of this site helpful, amusing and thought provoking. The site, like ferments, is constantly evolving and changing. I am always learning through this process and will try to add information as I gather it.

Get comfortable, breathe deeply, pull out your copy of *Wild Fermentation*, and click around. Thank you for including me on your fermentation adventure.